



Together

Sisters of St. Joseph of Carondelet & Consociates
 St. Paul Province | www.csjstpaul.org

As we raise up the memories we hold dear:
 our shared adventures, bold endeavors, sacred stories from our birth.

May the brave ones who have led us year by year
 be our witness, compel and lift us from the waters of rebirth!



That we may rise up to wel-come each new neigh-bor. Rise up with the spi-rit of our
 past. Rise up to the sum-mons set be-fore us. Rise up with a love that's un-sur-
 passed! O let us rise up for the state-less, strug-gling stran-ger. Rise up for the tend-ing of this
 earth. Rise up for a Church of grace and good-ness. Rise up for the voic-es vet un-heard!

May we never stop discovering, creating, and uncovering
 the future God has placed within our hands.
 All as one, let us acclaim "May it be so!"

Composed by Lori True



*As hearts and voices sound this anthem, we rise up every day, living love of God and
 love of neighbor without distinction. May the Living God bless our continuing...*

Love, Suzanne, Cathy and Susan



Province

Sister Cathy Steffens responds to news inquiries about the CSJs and Project Home. Articles include:

1. *National Catholic Register* reporter Elisabeth Deffner posted her December 7, 2021 article, *Open Minds, Open Hearts, Open Doors to Help the Homeless* “How the Catholic community is working to assist those in need, offering housing to those living on the streets.” Read it at <https://www.ncregister.com/features/open-minds-open-hearts-open-doors-to-help-the-homeless>

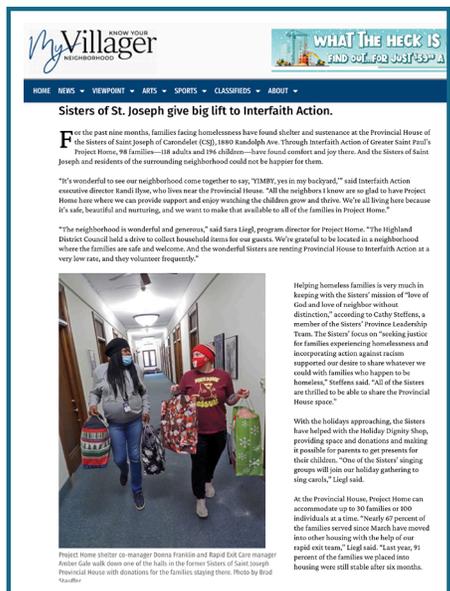


2. There is a heartwarming article in the December 22, 2021 issue of *My Villager* (formerly the “Highland Villager”) entitled, “Sisters of St. Joseph give big lift to Interfaith Action.” The article about Project Home features quotes from Sister Cathy Steffens. Read the article at <https://myvillager.com/2021/12/22/families-waiting-for-a-home-find-comfort-at-provincial-house/>



CONTENTS

- 1 From the Team
- 2 In the News
- 6 Community Musings
- 8 Moving Always Toward
- 10 We Remember
- 11 St. Paul Archives
- 12 Ministry Updates



3. “Former Catholic convent opens as a new shelter for families in St. Paul,” writes Kelly Smith in the December 31, 2021 *Star Tribune*. “Before COVID-19, homeless families seeking help from Interfaith Action of Greater St. Paul would sprawl out on cots clustered in church classrooms or empty rooms of synagogues, separated often only by a cardboard barrier. When the pandemic hit in 2020, that was no longer safe, so the nonprofit’s leaders scrambled to find a new option to address Minnesota’s severe shortage of affordable housing.”

“Enter the Sisters of St. Joseph of Carondelet.

The 120 nuns in the Highland Park neighborhood grabbed their iPads and computers and logged into Zoom to mull the possibility of leasing their Provincial House — a four-story, 94-year-old building that once held offices and the women’s residences. For nearly a decade, the building sat largely empty after Presbyterian Homes & Services opened Carondelet Village on the sisters’ 9-acre campus off Randolph Avenue. The sisters reached a quick consensus.” <https://www.startribune.com/former-catholic-convent-opens-as-a-new-shelter-for-families-in-st-paul/600131663/>



More news of interest:



4. At the request of Carolyn Puccio, CSJ and with the help of CSJ archivist Michelle Hueg, the *Catholic Spirit* printed this correction in its December 23, 2021 edition: “The making of St. Kate’s in the Dec. 9 edition implied that Derham Hall was part of the then College of St. Catherine’s campus until its merger with Cretin High School in 1987. However, the college preparatory school moved off the college campus to 540 S. Warwick Street, St. Paul, in 1962. With the 1987 merger, Cretin-Derham Hall opened as one school on Cretin’s former campus.” Read the original article, including the editor’s correction at <https://thecatholicspirit.com/commentary/echoes-of-catholic-minnesota/the-making-of-st-kates/>



It’s been busy in the Vatican:

“Vatican says catechists can lead parishes without priests” writes *The Tablet* reporter Christopher Lamb, filed on December 14, 2021. Read his article at

www.thetablet.co.uk/news/14801/vatican-says-catechists-can-lead-parishes-without-priests



“Pope Francis: Decline in vocations is God’s way of making us humble.”

Was posted in *America, The Jesuit Review*. Writer Junno Arocho Esteves’ article, says, “The Lord sends the vocations,” the pope told his Jesuit confreres Dec. 4 during a meeting at the apostolic nunciature in Athens. “If they do not come, it does not depend on us. I believe the Lord is giving us a teaching for religious life. For us, it has meaning in the sense of humiliation,” he said. www.americamagazine.org/politics-society/2021/12/16/pope-jesuits-decline-vocations-humility-242052

Read the original article, including the editor’s correction at <https://thecatholicspirit.com/commentary/echoes-of-catholic-minnesota/the-making-of-st-kates/>



“Pope at 85: Gloves come off as Francis’ reform hits stride,”

writes AP News reporter Nicole Winfield on December 17, 2021. In it she writes, “Francis also has set in motion an unprecedented two-year consultation of rank-and-file Catholics on making the church more attuned to the laity.” And, “But Francis also is beset by problems at home and abroad and is facing a sustained campaign of opposition from the conservative Catholic right. He has responded with the papal equivalent of “no more Mr. Nice Guy.” apnews.com/article/coronavirus-pandemic-pope-francis-health-religion-europe-2f733bf842c499eab9f06a48363a68df

Read the original article, including the editor’s correction at <https://thecatholicspirit.com/commentary/echoes-of-catholic-minnesota/the-making-of-st-kates/>



“Pope doubles down on quashing old Latin Mass with new limits,”

was posted on December 18, 2021. AP reporter Nicole Winfield writes on *Yahoo News*, “The Vatican’s liturgy office issued a document that clarified some questions that arose after Francis in July reimposed restrictions on celebrating the old Latin Mass that Pope Benedict XVI had relaxed in 2007.” news.yahoo.com/pope-doubles-down-quashing-old-110637870.html#amp_tf=From%2520%25251%2524s&aoh=16398438876345&csi=0&referrer=https%253A%252F%252Fwww.google.comtf=From%2520%25251%2524s&aoh=16398438876345&csi=0&referrer=https%253A%252F%252Fwww.google.com

Read the original article, including the editor’s correction at <https://thecatholicspirit.com/commentary/echoes-of-catholic-minnesota/the-making-of-st-kates/>



“Pope Francis calls violence against women an ‘insult to God’ in New Year’s Day homily”

said *CNN* on January 1, 2022. The report by John Allen, Nicola Ruotolo, and Richard Allen Greene said, “He spoke out against violence against women as the homily drew to an end, saying: “And since mothers bestow life, and women ‘keep’ the world, let us all make greater efforts to promote mothers and to protect women. How much violence is directed against women! Enough! To hurt a woman is to insult God, who from a woman took on our humanity.”

<https://www.cnn.com/2022/01/01/world/pope-francis-new-years-day-intl/index.html>



“Female altar servers, Latin Mass crackdown: NCR’s top 10 news stories of 2021,”

was *National Catholic Reporter’s* December 27, 2021, article by Stephanie Yeagle. The article opened with, “The most important news story in the past year for the U.S. Catholic Church has probably been the infighting among U.S. bishops about whether or not pro-choice politicians, like President Joe Biden, can receive Communion. But our coverage of that monthslong debate was not on the list of NCR’s most read news stories for 2021.” Find out their top 10 list at <https://www.ncronline.org/news/female-altar-servers-latin-mass-crackdown-ncr-top-10-news-stories-2021>



“Cardinal O’Malley speaks of polarization, effects on opposition to pope.”

On December 17, 2021, *Catholic News Service* reporter Rhina Guidos wrote that in the interview with *La Nación* on the occasion of Pope Francis’ 85th birthday, Cardinal O’Malley said polarization and opposition to Pope Francis includes some conservative prelates in the U.S. Conference of Catholic Bishops, but he did not name anyone.

“Yes, the episcopal conference is polarized, but it is difficult to put a (figure on the) percentage of the opponents. There are also some bishops who are linked to a more conservative policy, and the Holy Father himself has commented on the situation of EWTN television, where, many times, the commentators are very critical of the Holy Father, at least of his ideas,” Cardinal O’Malley said. www.catholicnews.com/cardinal-omalley-speaks-of-polarization-effects-on-opposition-to-pope/



And these:

“BBC names Myanmar nun to list of 100 most influential, inspiring women.” The article includes this photo with the caption, “Sister Ann Rose Nu Tawng, a member of the Sisters of St. Francis Xavier, kneels in front of police and soldiers during an anti-coup protest in Myitkyina, Myanmar, Feb. 28, 2021. Sister Tawng, who became a symbol of Myanmar’s nationwide protests, has been named by the BBC as among the 100 most influential and inspiring women of the year. (*CNS* photo/courtesy Myitkyina News Journal.) The accompanying article said, “The photos and video of the 45-year-old nun on her knees with her arms spread wide, pleading with police, went viral in March. She reportedly told security forces that day: “You’ll have to come through me. Shoot me instead of these young people.”



“Interview: Sister Jeannine Gramick on being censured by the Vatican, 50 years of ministry and her hopes for LGBT Catholics” by Jim McDermott was featured in the January 7, 2022 issue of *America*. In the article he said, “Recently, Pope Francis sent Sister Gramick a letter congratulating her on 50 years of ministry, describing her work as being in “the style of God.” www.americamagazine.org/faith/2022/01/07/sister-jeannine-gramick-new-ways-ministry-242155



“There are no African American saints. A lay Catholic group seeks to change that,” writes Alejandra Molina, Religion News Service in *Global Sisters Report*. A lay Catholic group in Baltimore is pushing the pope to canonize six Black candidates. They also seek to change the canonization process to recognize the hardships African Americans have endured. “They don’t see us. We’re like hidden members and they need to learn how to see us,” said Ralph Moore. www.nconline.org/news/people/there-are-no-african-american-saints-lay-catholic-group-seeks-change?utm_source=Global+Sisters+Report&utm_campaign=110b1ee16b-EMAIL_CAMPAIGN_2021_12_30_05_19&utm_medium=email&utm_term=0_86a1a9af1b-110b1ee16b-230443690



“An Overlooked Cure for Loneliness” “Science tells us the solution may lie in what we do for others, not ourselves.” The *New York Times*’ Christina Caron, posted this on December 21, 2021 article. www.nytimes.com/2021/12/21/well/mind/loneliness-volunteering.html?smid=em-share.



Reader question: There are a lot of news items in this issue of “Together.” The editor would like to know if you enjoy reading national news or do you just want to see province related articles. Please send an email to Together@csjstpaul.org with your thoughts. Thanks for your consideration.

Leadership Selection 2022-2027

The Communal Discernment Process for Leadership Selection moves forward on February 16-19, 2022. On February 16 we will have an opportunity to learn more about the nominees with interactive question and answer sessions. February 17 continues Communal Discernment for our community which is being led by our gifted facilitator, Mary Dacey, SSJ. The day preceding election, February 18, will be spent in individual prayer and discernment. On the final day of Leadership Selection, February 19, vowed members will vote for the Province Leadership Team 2022-2027.

Please go to the CSJ Forum and look for additional information and resources within the Leadership Selection section. These resources include the Nominee profiles and photos along with all of the materials from Phase I and Phase II of our 2022-2027 Province Leadership Selection.

We are very grateful for your participation in the Leadership Selection Process.

We wish our St. Paul Province a blessed future.

Leadership Selection Committee

Lessons for Our Times: Exploring wisdom in Rilke's Letters to a Young Poet Across Generations

by Jill Underdahl, CSJ, Co-Director of Celeste's Dream

I ask you, dear sir, to have patience with all that is unresolved in your heart and to try to love the questions themselves, like closed rooms, like books written in a foreign language. Don't try to find the answers now. They cannot be given anyway, because you would not be able to live them. For everything is to be lived. Live the questions now. Perhaps you then may gradually, without noticing, one day in the future live into the answers.
~ from Rilke's 4th Letters to Young Poet

When I first listened to *On Being with Krista Tippett's* interview with Joanna Macy and Anita

Barrows about their new translation of Rainer Maria Rilke's *Letters to a Young Poet*, I could readily imagine how it could break open rich conversation across generations.

Navigating Uncertainty is the title of the Springtide Research Institute's 2021 research study, *The State of Religion and Young People*. This is also a theme that is foundational in Rilke's Letters written 120 years earlier.

Based on my experience of Mary Oliver's poetry through *Wisdom Ways* in February 2020 with Karina Sieber, then SJW, I was inspired to reach out to her as well as to Maude Quinn, a 2019 Macalester College alum, whom I had the privilege of meeting and working with when a chaplain at Macalester's Center for Religious and Spiritual Life. The three of us delved deep into conversation about what we experienced listening to the podcast. Identifying three primary themes: Uncertainty, Transformation, and the Practice of Solitude, we developed and co-facilitated a two session series for *Wisdom Ways*, January 27th and February 3rd.

In the context of these uncertain times, Joanna Macy and Anita show how Rilke's wisdom can be a guide for us. "What attracts me to Rilke's wisdom," said Karina, "is the depth, the nuance, and the gentleness with which he writes. It is clear to me that he speaks not from his 'self,' but rather channels a voice from both beyond and within.

I will return to his wisdom throughout my life and continue to find the meaning that reveals itself through lived time and space. I am deeply grateful for the opportunity to work alongside Sister Jill and Maude."

Springtide Research is based on the largest data set of 13-25 years (10,000 young people). Learn more at www.springtideresearch.org/ Download free digital and/or purchase digital or print versions of the study results.

Province Council Updates

November 17, 2021

The Sister members of the Province Council met with the Sister members of the Ministries Foundation Executive Committee for an initial conversation about next steps for implementing the approved Bold Moves Resolution. The Charities Review Council's Accountability Standards were reviewed. (These are available online.) The Bold Moves core group developed and presented draft Steering Committee skills, roles, and responsibilities. Discussion followed. New members for the SMHC Board were also approved.

November 22, 2021

The purpose of the Council meeting was to prepare for the December 8, 2021 collaborative meeting with the Ministries Foundation Executive Committee to choose members for the Bold Moves Memorandum of Understanding Development Committee (BM-MOU) and the Steering Committee. Desired skills and job descriptions for both committees were reviewed.

December 1, 2021

More time was spent drafting committee job descriptions. Committees will be made up of Sisters of St. Joseph. As the committees will be working simultaneously, the need for good

communication was stressed. Suggested committee names were surfaced and will be communicated to the Ministries Foundation Executive Committee. The Council was also asked to suggest names of Sisters to consider to serve on the Congregational Intercultural Group.

The Council affirmed the suggestion that the Province be a sponsor of the Women Deacon Program event at St. Catherine University in January.

December 8, 2021

The Council met with the Executive Committee of the Ministries Foundation to collaborate on and finalize names for the Steering Committee, which will include two Sisters. The BM-MOU Committee participants were also announced. Bridget Sperl will call and invite recommended Committee participants.

December 15, 2021

The Province Council appreciated the day long retreat planned by four Council members. Retreat questions were: Where have we been? Where are we now? What is left to be done? How and what do we want to hand off to the next Leadership Team? Council members reviewed what they have done over the last four-and-one-half years.

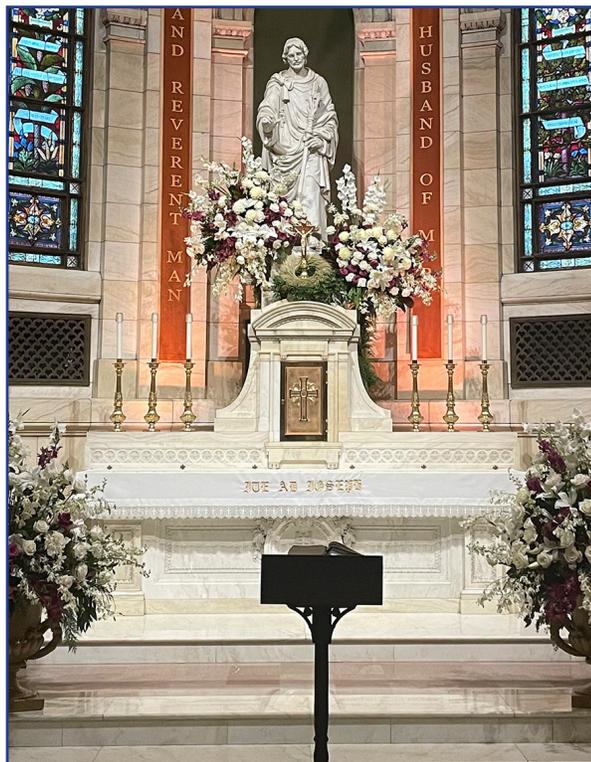
Consociate Council Welcomes New Members

By Cheryl Behrent

In January 2022, the Consociate Council welcomed these new Sister and Consociate Council members to serve from January 2022 to June 2023 as trusted advisors to the Consociate Leadership Collaborative:

They were nominated by Sisters and Consociates and selected by the outgoing Consociate Council. Council members may serve up to two consecutive terms and must be nominated and selected by the Council to do so. The Province Leadership Team liaison and Consociate Leadership Collaborative who continue their terms of service include: Cheryl Behrent, Susan Hames, CSJ, Fran Rusciano Murnane, Kathleen Olsen, Rita Quigley, Joan Pauly Schneider, and Andrea Pearson Tande. Welcome to our new members!

- **Mary Ellen Foster, CSJ**
- **Jill Garcia (2nd term)**
- **Beryl McHale**
- **Michelle Moran**
- **Katherine Rossini, CSJ**
- **Betty Schindler**



Noting the end to the 2021 year-long celebration of Joseph, Sister Carolyn Puccio, CSJ "asked one of the Archdiocesan staff to take these pictures of the St. Joseph Shrine/Chapel at the Cathedral that was decorated for the end of the Year of St. Joseph."



Questions for Sister Mary Ellen Ward celebrating her 60th Jubilee this year

Background: Mary Ellen Ward grew up in Minneapolis with her parents, younger brother, and an extended Irish family. She was named after both of her grandmothers. Mary Ellen attended Christ the King and Holy Angels Academy, schools taught by Sisters of St. Joseph. She entered the novitiate the fall after her graduation from Holy Angels. Her ministries included teaching in elementary schools in the Archdiocese and serving retired sisters at Bethany Convent and Carondelet Village. She served in the activity department, as Volunteer Coordinator and as Transportation Coordinator.



What's your favorite

- **Song:** “It’s a Long Way to Tipperary” and Irish CDs of songs and hymns.
 - **TV show:** “Wheel of Fortune.”
 - **Book or Author:** *A Gift of Peace* by Cardinal Joseph Bernardin.
 - **Place:** The North Shore near Grand Marais.
 - **Foods:** Spaghetti, Chow Mein, and Chocolate Candy. One of her favorite places to eat is an Italian Deli in Northeast Minneapolis—Marino’s Deli. Mary Ellen recommends it for good Italian food in a homey setting.
 - **Memory:** The birth of two generations of nieces and nephews.
- **Who would you like to share a meal with?** “I would like to have dinner with both sets of my grandparents—Mary Ellen and John, and Mary Ellen and William.” Grandpa John talked with her seriously at a young age about living according to principle and not expediency.
 - **Life’s biggest lesson:** “I have an appreciation for the gift of faith; it helped me accept events as they happen.”
 - **Your biggest hope :** “Our country will respond in love to third world countries and immigrants, especially in terms of sharing vaccines.”
 - **Biggest wish for young folks.** “Get an education so you can have a future.”
 - **Best thing about me:** “I am a loyal person. I learned the value of loyalty from my parents.”
 - **Biggest accomplishments:** “1. Teaching, 2. Serving the Sisters, 3. Overseeing the care of my family members.”
 - **One thing you would like others to know:** “I have enjoyed living at Carondelet Village and meeting interesting people. I look forward to having all-house activities like the New Year’s Eve Pizza Party in the future.”

Anne Elise Tschida, CSJ, died early Sunday, December 12, 2021. Kind, smart, witty and wonderfully organized, this selfless servant was born Mary Therese on November 7, 1933 to Bernard and Elizabeth Tschida. She died at Carondelet Village in St. Paul. After graduating from St. Joseph's Academy in St. Paul, she entered the community of the Sisters of St. Joseph of Carondelet (1951), and was given the name "Anne Elise." Later, she received a BA in Business and Education from the College of St. Catherine (1956), and an MBA from the University of Notre Dame (1964), which led her to teach high school business education at St. Joseph's Academy in St. Paul, MN. In 1971, Anne Elise left teaching



to work at the College of St. Catherine Financial Aid Office where students lovingly called her "Sister Mary Money." With a head for business and a keen financial eye, Anne Elise was invaluable to the CSJ Community as Bookkeeper at Bethany Convent, the CSJ Administration Center, Carondelet Village, and Treasurer for the CSJ Province in St. Paul. She also served as Financial Administrator at Clare Housing in Minneapolis, MN, Casa Guadalupano in St. Paul, MN, and served 10 years as Archdiocesan Coordinator of the Retirement Fund for Religious, in St. Paul, MN. Anne Elise loved nature, travel, entertaining friends, singing, and sharing her gifts as organist at both the CSJ Provincial House and Carondelet Village Chapels.

Sister Anne Elise, rest in love and peace.

Consociate Margret Trettel passed away peacefully on November 30, 2021 at the age of 82. Margret was born January 6, 1939 and lived in White Bear Lake, MN.

Margret was a Consociate of the Sisters of St. Joseph of Carondelet, St. Paul Province since 1995. She was a long time employee at St. Joseph's Hospital. She also did clown ministry. Friends of hers knew her as a worker bee who always



showed up to do what needed to be done. Margret lived out the CSJ charism even into her later years by visiting others in the retirement center in which she lived. She was excited and proud to participate in the Procession of Honor, after a person died, to accompany the person's body when they were leaving the center to be taken to a mortuary. She loved the Sisters of St. Joseph and was always happy to hear what was happening in the community. May she rest in peace.

Margret, rest in love and peace.

Sister Aquin Enright (1890 – 1972)

By Michelle Hueg

Sister Aquin was born Elizabeth on February 9, 1890 to Elizabeth Leahy and John Enright in Clonleharde Ballyhahill, County Limerick, Ireland.

She entered the Novitiate in St. Paul on October 2, 1909 and professed final vows on August 15, 1917. She received a BA in European History from the University of North Dakota (Grand Forks, ND). She taught in, and was principal of, Province elementary schools, including: Cathedral School, St. Patrick, St. Aloysius; St. Mary, Ascension, St. John's Academy and St. Peter. One of the students at Ascension remembered Sister Aquin in the centennial celebration book for Ascension Parish:

When [the student] did not have a nickel for paper, his aunt cut a piece of butcher paper into sheets for [the student] to use. When the homework was turned in, his teacher did not think it was appropriate. When Sister Aquin heard about the situation, she talked with the student and learned the situation. Sister



Sister Aquin Enright (1970)

Aquin wrote a note to the teacher on the student's paper and had him bring it back to the classroom. The note read "Abraham Lincoln wrote on a board."

The same student was planning to go to the local public high school. Sister Aquin recommended that he attend DeLaSalle High School. The student said that he couldn't afford the monthly tuition. Sister Aquin purchased pins and needles for him to make packs to sell. He sold these packs for 25 cents each. With the

help of Sister Aquin, and his hard work, the student was able to attend, and graduate from DeLaSalle.

Sister Aquin was selected as Provincial Superior of the St. Paul Province, serving from 1951-1952. She retired to Bethany Convent (St. Paul, MN) in 1968.



To learn more about the history of the Sisters of St. Joseph in the St. Paul Province check out the Archives website at csjstpaul.org/our-heritage-csj/, and our online collection at csjstpaul.pastperfectonline.com/. For information about what the Sisters are doing today check out our website: www.csjstpaul.org/ and csjministriesfoundation.org/.



www.facebook.com/csjstpaul

www.instagram.com/csj_stpaul



ST. KATES



New St. Kate's Ministry Section

We welcome this new addition to our ministry update section. The Sister trustees at St. Catherine University (St. Kate's) intend to provide regular submissions as a way of keeping Sisters, Consociates, and others updated on the University, sharing stories and videos of interest and offering event invitations.

St. Kate's Profile 2022

By Therese Sherlock, CSJ

St. Kate's is our nearest neighbor on the block.

During all this time of isolation and quarantine, we have lost many of our usual contacts with the University. This update gives you a picture of our neighbors at 2004 Randolph.

Most sisters and many consociates are graduates of St. Catherine. We remember the college as the great school where we earned our baccalaureate degrees and stepped into the professional world. Back then, the undergraduate program was the only one. Today St. Kate's enrolls students in three colleges.

The traditional undergraduates are still the largest group of Kates, 1,538 this year. This group enrolls in the College for Women. A third of these young women are the first generation of their family to attend college; 44% of them are women of color.

The College for Adults has both baccalaureate and associate programs. This year 562 women and men are working

toward their bachelor's degrees; 493 are studying in associate programs. Classes for these students are both on campus and online.

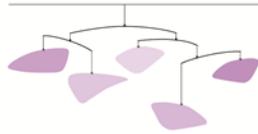
The Graduate College has 1,322 students, earning masters or doctoral degrees in one of the health programs, business, social work, and information science, to name but a few fields. Having strong graduate programs is one of the reasons St. Catherine changed from being a college to being a university.

St. Catherine University is an amazing ministry of the Sisters of St. Joseph. It is flourishing because of its strong administrators and world-class faculty. They carry on our mission to educate women to lead and influence. They instill in the students our values of social Justice and of love for the dear neighbor. We sister trustees of the University are proud of their work and look forward to telling about it on this page.

Jean Wincek, CSJ, chair of the Board of Trustees; Board members: Susan Hames, CSJ, Joy Milos, CSJ, Joan Mitchell, CSJ, Colleen O'Malley, CSJ, Therese Sherlock, CSJ, Jill Underdahl, CSJ.



St. Kate's students



MINNESOTA CENTER FOR HEALTH CARE ETHICS

Minnesota Center for Health Care Ethics

By Amanda West, Associate for Health Law & Ethics

With the sunset of Honoring Choices Minnesota (HCM) on December 31, 2021, communities across the state lost a treasured resource.

Founded in 2008, HCM was a major source of expertise and advocacy around advance care planning (ACP) - the practice of thinking carefully about one's health care goals, personal values, and beliefs; communicating these thoughts to providers and others; and documenting them on a health care directive to inform future health care decision-making.

For the past thirteen years, HCM has had a significant and long-lasting impact on the practice, refinement, and continuous improvement of ACP and health care decision-making in Minnesota and beyond. Some of HCM's many accomplishments include: creating health care directive forms and educational handouts in multiple languages; training ACP facilitators to help individuals in health care settings and the community; developing and implementing ACP curricula for students entering health professions; mentoring health systems throughout Minnesota in creating unique local ACP programs; conducting ACP educational programming and outreach with vulnerable populations; collaborating with culturally diverse groups to co-develop

culturally responsive ACP; leading a nationwide network of state and regional ACP programs to share resources and best practices; and promoting the idea of ACP as a key public health intervention.

We at MCHCE would like to express our heartfelt gratitude to our colleagues at HCM for all of their contributions toward educating the health care workforce, empowering individuals and communities, and encouraging Minnesotans to think and talk about the things that matter to them. We share their fervent hopes that other organizations will take up the mantle to move this important work forward.



Karen Gervais

We would also like to assure the CSJ community that HCM's sunset will not affect MCHCE's ability to continue to meet Sisters' advance care planning needs. Karen Gervais and Amanda West have both been trained and certified as ACP facilitators by HCM and we remain available 24/7 at 651-335-7582 to answer questions, offer support and analysis, and connect with resources.



Amanda C. West

SARAH'S... AN OASIS FOR WOMEN



Adag's Difficult Journey: Part III

Adag waited for two years to hear back about her request to come to the US and was finally able to travel to California. In California, Adag was hunched over because her back was so injured from the attacks against her. Doctors told her that they would do surgery and everything would improve. After surgery, she again stood tall. After three months the people she was staying with told her she needed to go home to her country. The bishop asked if she could stay longer to continue to get care because the surgery, though successful, was very difficult and the surgeon recommended ongoing care. But, to receive ongoing care Adag needed papers to stay on a longer term basis in the US and to access health insurance.

Adag started the process and was able to come to Minnesota. It was here that she was paired with an attorney who helped in her native language with the support of the Advocates for Human Rights. With her attorney, a young good woman who would



bring her food and take her for coffee, Adag was able to get asylum.

Adag came to Sarah's because the Center for Victims of Torture, which helped her get health insurance and healthcare, referred her.

At Sarah's the people, the community and sharing is what makes the difference according to Adag. She also appreciates being close to church where she meets and gets to know the lives of other Christian people. Adag goes to church everyday because God has been good. Adag still has pain but she also has joy. At Sarah's, Adag lived a peaceful and problem-free life. Moving on from Sarah's she is learning about some things that are different living on her own. She is learning to take the bus to go to church. It is farther away than when she was at Sarah's and could walk. She is needing her own things like a vacuum cleaner which at Sarah's she shared with everybody. Now she moves on because "You come to Sarah's in order to leave."

ST. JOSEPH WORKERS



Happiness

By Maggie Schauff, SJW

With each day comes a new path and a new journey. Working with St. Mary's Health Clinics and participating in the St. Joseph Worker Program has led to exponential growth in every aspect of my life. I entered the program with insecurities about my ability to speak Spanish, to work in an office environment and to live with multiple housemates. Outside of the clinics I stretched to maintain the friendships I already had while allowing space for new relationships to blossom with vulnerability and strength.

To overcome the negative thoughts I decided to study Spanish vocabulary and grammar structure, and educate myself about cultural practices and interpretations. I threw myself into our

community relationships while still carving out time for myself. Within days of starting at St. Mary's I began admitting Spanish speaking patients to their appointments. In weeks, I was calling patients, preparing paperwork, and helping organize mammogram events.

Now, the insecurities are still there but so are the experiences, friends, and relationships that have grown within the safety of this program. I interpret regularly, balance the push and pull of the position, and return every day to a loving and supporting community. Friends still love me and I love them, housemates are now friends, and those insecurities are not so important anymore. I am where I am supposed to be, and that makes me happy. :)

Justice worker alum Emily Machtemas, SJW 2013-2014

My wife Alex and I purchased our first home in October, 2020 in Coon Rapids! We have lovely neighbors and it has been wonderful making this house a home. In January 2021 we welcomed another Niece into the family, her name is Laken and she brings us so much joy!

In October 2021, I started a new job with a nearby County as an Adult Mental Health Case Manager, it has been a pleasure coordinating with law enforcement, crisis responders, and healthcare providers to deliver person-centered support for adults who are notoriously underserved.

I have been filling much of my free time prepping our dog to go to Trials in the coming months for Rally and Obedience, hoping for a few ribbons to show off our hard work. When I'm not training, I am working on knitting projects (a skill I'm grateful to have learned while I was a SJW), focusing on blankets for my nieces and nephews!



CELESTE'S DREAM

Meet the Gardeners: Barb Parisien

By Hannah White, SJW with Celeste's Dream and St. Kate's/CSJ Food Shelf



Barb Parisien started gardening at the Celeste's Dream community garden in 2006, and has come back every year since. Rain or shine,

Rain or shine, warm or chilly, Barb is there every Tuesday night during the growing season.

"Every year is just a little bit different," she says, but the sense of community and camaraderie among the gardeners keeps her coming back year after year. Barb also appreciates that there's always more to learn in the garden, and not just about plants and soil. She says she didn't realize food insecurity was a growing issue on college campuses until the Celeste's Dream Community Garden started donating produce to the St. Kate's/CSJ Food Access Hub (formerly known as the St. Kate's/CSJ Food Shelf). Being a part of Celeste's Dream's food justice work was eye-opening for her.

Barb is an artist. While she does have a home studio for her painting practice, she also brings her artistic talents to the garden. She starts marigold and zinnia seedlings in her home in the spring and brings them to the garden at the start of the season to make the plot of land visually attractive as well as productive. However, she does face challenges.

"What do I like the least? When the weeds take over," she says. But despite the weeds, gardening is a deeply spiritual practice for Barb. Working with plants and soil prompts her to contemplate the circle of life, death and rebirth. She also sees gardening as an opportunity to talk with God.

"God is in the garden," says Barb. "I'm down on my knees and praying. I might be planting seedlings, but to me that's a form of prayer."

Thank you, Barb, for all the beauty you bring to our garden community!

2022 Community Garden Events All are welcome

- **Tuesday, February 1, 5 – 7 p.m.** – Garden planning and soup dinner
- **Tuesday, March 29, 5 – 7 p.m.** – Seed starting
- **Tuesday, April 26, 5 – 7 p.m.** – Seedling transplanting
- **Saturday, April 30, 10 a.m. – 12 p.m.** – CSJ Earth Day
- **Tuesday, May 17 or 24, 5 – 7 p.m.** – Plant the Garden
- **Late May – October, Tuesdays, 5 – 7 p.m.** – Gather to tend and harvest the Garden

Meet the St. Kate's/CSJ Food Access Hub Team for 2022!



Jennifer Tacheny, Food Access Hub Co-Manager, Co-Director Celeste's Dream, CSJ Agrégée

We began addressing campus food insecurity through our St. Kate's/CSJ Food Shelf five years ago this spring. Together, with the CSJ community, St. Kate's faculty/staff and young adult student leaders, we are responding to the needs of our times by building a food access hub that includes the food shelf, community gardens and sustainability projects. It is heartening to see students integrate CSJ mission and this work with their studies, career aspirations, and lifestyle goals.



Deb Sheats, Food Access Hub Co-Manager, St. Kate's Professor Emerita, Foods and Nutrition, CSJ Consociate

As a public health nutritionist/
Registered Dietitian, I am

Ministry Updates

csjstpaul.org/celestes-dream

passionate about food insecurity. As a CSJ Consociate, I am passionate about meeting the needs of the time by helping St. Kate's students move beyond food insecurity. My work as Co-Manager of the St. Kate's/CSJ Food Shelf provides an opportunity for me to use my expertise and to be of service to others in need.



Gao Lee, NIFA Fellow, Masters of Public Health: Global Health second-year grad student

I enjoy working with my co-workers on different food insecurity and sustainable projects. Also, I enjoy helping in the garden and seeing fresh produce.



Hannah White, St. Joseph Worker

One thing I love about this project is the camaraderie at Tuesday community garden nights. Tending the land with others is life-giving in so many different ways!



Natividad Herrera Garcia, CSJ Food Accessibility Urban Agriculture Intern, Class year: 2023, Major: Social Work, Minor: Critical Studies of Race and Ethnicity

I am looking forward to working with the Food Access Hub team to destigmatize food services and increase campus participation and understanding!

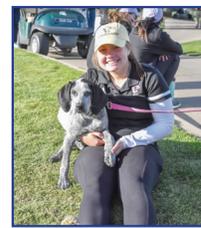


Mollie Pierson, CSJ Food Accessibility Urban Agriculture Intern, Class year: 2025, Major: Sociology, Economics, and Women & International Development

As a new member of the team, I am excited to be part of health equity and sustainability efforts!

Morgan Lewison, Food Shelf Assistant, Class year: 2023, Major: Sonography

I have enjoyed educating students on campus about the benefits of the Food Shelf. I have had such a fun time spreading the word through social media, tabling and word of mouth.



Sydney Brown, Food Shelf Assistant, Class year: 2023, Major: Social Work, Minor: Psychology

My favorite part about the food shelf is working with people in the St. Kate's community and meeting new friends!



Katie Reeves, Food Shelf Assistant, Class year: 2024, Major: Dietetics

Working with the food shelf has exposed me to how far-reaching its efforts are in the St. Kate's community and beyond.

Katie Nelson, Food Shelf Assistant, Class year: 2023, Major: Dietetics with interest in public health and food justice

I am extremely interested in learning more about the interplay between food systems, communities, and social justice. I would also like the opportunity to work in a position that allows me to work toward sustainability goals.



The St. Kate's/CSJ Food Shelf team has developed this new name and logo to more accurately convey the resources and work. A special thanks to St. Kate's marketing and communications department and our talented St. Joseph Worker, Hannah White, for her design work.

JUSTICE

UPDATE from the CSJ Investing to Make a Difference Committee

Submitted by Marty Roers

The CSJ community continues its work on and commitment to systemic change in a variety of ways by investing locally, nationally and internationally. We invest in socially

responsible institutions that meet the needs of those who usually cannot borrow from conventional sources and to hold shares in specific institutions so as to make statements by filing proxies on resolutions. The Province Investing to Make a Difference Committee continues long-term shareholder advocacy work with several major tobacco companies. For example, Justice Office Co-Director, Marty Roers, along with coalition partners from Trinity Health, Common Spirit Health, Sisters of St. Francis of Philadelphia, the Province of St. Joseph of the Capuchin Order, and Seventh Generation Interfaith Coalition for Responsible Investment (SGI) were recently a part of another round of company dialogue with Philip Morris International (PMI). We are encouraging the company to “phase out all production of PMI’s health-hazardous and addictive products by 2025.”

What are the long-term potential impacts of this kind of systemic change work by the CSJs? Through direct shareholder dialogues with companies like PMI, we are able to raise many ethical questions and concerns with the company. These shareholder conversations are simply that – dialogues. Change is frequently slow. After years or even decades of dialogue, we have seen subtle company shifts. It is interesting to note that Philip Morris is



projecting that by 2025 less than 50% of their profits will be from combustible smoking products as they attempt to shift to alternative products. This too raises more questions as to the nature of those products, their impact on society, and our engagement in this work in the future. CSJ shareholder advocacy work continues to be an important strategy in which we collectively influence systemic change and live out the province and congregation’s 2019 Chapter Directions. We look forward to continuing to share other aspects of our Committee’s work in a future *TOGETHER* article.

Participation

By Kate O’Connell, Confronting Whiteness and Racism Work Group

“Won’t it be wonderful when Black history and Native American history and Jewish history and all of U.S. history is taught from one book. Just U.S. history.”

Wisdom from Maya Angelou.

Won’t it be wonderful when history tells how we overcame our currently segregated lives, when we came to feel in our bones the loss of sisters and brothers who are now excluded from tables, when we came to see and delight in the image and likeness of God in every living being, especially those who are silenced, and when we dared to listen particularly to these voices to build new tables together.

We have many teachers to help us reach this future history, including women who could

not and cannot rest until they, their children, grandchildren, great grandchildren and descendants are seen and treated as the deeply beloved children of God whom they are.

Ella Baker is one such teacher. Sweet Honey and the Rock wrote “Ella’s Song” for her, with the refrain “We who believe in freedom cannot rest until it comes.” Descended from an enslaved grandmother who was whipped for standing up for herself, Ella stood up - for all - her entire life. She worked relentlessly for efforts such as the March on Washington, the March in Selma, the Student Nonviolent Coordinating Committee, voting rights, and Freedom Summer.

Ella recognized our fundamental need for community, calling for all to “reach out to your neighbors who don’t speak to you” and “get them to understand that they as well as you and I cannot be free” until all are free.

Freedom is deeply spiritual. Theologian Rev. Dr. Kelly Brown Douglas explains in her book *Stand Your Ground: Black Bodies and the Justice of God* that Black spirituals express both the desire for freedom and the understanding of God’s own free nature. Dr. M. Shawn Copeland said in *Enfleshing Freedom: Body, Race and Being*, “If my sister or brother is not at the table, we are not the flesh of Christ.”

This year, may we listen to all, build new tables, and become new life.

save the date!

2022

Carondelet Celebration

Supporting Networks of Hope & Healing

Friday, May 6, 2022 ♦ InterContinental MSP Hotel

Join the Sisters of St. Joseph of Carondelet and Consociates for a festive evening to celebrate and support the Sisters’ network of ministries in our community.

Thinking of Posting?



Is it **T** rue?

Is it **H** elpful?

Is it **I** nspiring?

Is it **N** ecessary?

Is it **K** ind?

Is it **I** nciting a crowd?

Is it really **N** ecessary?

Is it of **G** od?

Originally the THINK acronym/info-graphic was created to help reduce on-line bullying, but it's actually useful for all communications. It has been expanded a bit here to put some love into the universe.





St. Mary's Health
Clinics

ST. MARY'S HEALTH CLINICS

The Journey Continues!

"A year like no other!" So we said in our 2019-2020 report. Ditto this year. Daily, weekly, we adapt to the pandemic's ebb and flow, responding with flexibility and expertise as we implement COVID-19 recommendations for prevention and safety.

And there is good news:

- With the vaccine available in early 2021, St. Mary's Health Clinics (SMHC) coordinated and participated in vaccine administration at multiple sites, our first at our Carondelet Center office location in partnership with M Health Fairview. Through November, 2021, SMHC helped administer more than 10,000 doses of vaccines at 90+ clinic sites. Additionally, in partnership with area health systems, county and city governments, SMHC helped coordinate and staff many COVID-19 testing sites.
- Grants and collaboration with health care providers allowed us to focus on COVID-19 prevention, testing, vaccine promotion and outreach particularly among the Greater Twin Cities' Latino and hard to reach community members.
- Despite the pandemic, SMHC clinic sessions continued. A new clinic opened in partnership with St. Catherine University's (SCU) health profession students, faculty and staff. The new site allowed for additional room for OT and PT services in the University's Whitby Hall simulation clinic.
- Clinic volunteers, once vaccinated, gradually started returning in the spring of 2021, yet the need for additional volunteer support remains though there is some hesitation due to virus risk exposure.

Despite the challenges and workload, SMHC staff shines with expanding skills and a commitment to work when, and where they are needed. They are resilient masters of adaptability.

We are grateful to receive support from so many donors and funders who remain committed to serving and promoting the well-being of our most vulnerable and often voiceless patient populations. Thank you for supporting SMHC's clinic and outreach services. Despite the challenges faced, be assured that excellent health care services continue for our patient base with extensive support provided to the greater Latino Community in the metropolitan Twin Cities area. The journey continues!

-Sue Gehlsen, SMHC Executive Director



In Review: 2020-2021

STATISTICS: JULY 2020 – JUNE 2021

- 10,000 + outreach contacts
- 4,866 Patient Encounters: Clinic or virtual visits; mental health sessions, mammograms; nutrition, OT/PT consults; 11% increase over previous fiscal year; 67% female, 33% male; average age = 49
- 2,988 Specialty Referrals
- 2,371 patients served
- 41 new patients

HIGHLIGHTS:

- Partnered with health systems and counties for Covid 19 testing and vaccine administration
- Feature article in Mayo newsletter about diabetes care for the underserved
- Opened evening clinic collaborating with SCU clinical education site for health profession students
- SEAF (St. Mary's Emergency Assistance Fund) continues
- Clinical education site for St. Kate's BSN and MSN programs, public health undergraduate and graduate programs, nutrition and social work students
- Virtual Gala fundraiser
- Grant funded oral health education and referrals for patients
- Expanded outreach services
- Virtual Clinics Continue
- Recognition by Mexican Government for extensive COVID-19 work with Latino population.

SUPPORT US: Support SMHC at
<https://www.stmaryshealthclinics.org/donate>.

Thank You!

Our work providing free medical care, outreach and education to low-income and uninsured families and individuals who are not eligible for government programs is made possible through the generous support of hundreds of individuals, medical practitioners and organizations. For your support we say thank you. We also thank our founders, the Sisters of St. Joseph of Carondelet whose "pursuit of Love of God and love of neighbor without distinction" informs our shared commitment to serve "Our Dear Neighbors." Additionally, we acknowledge:

KEY FUNDERS/PARTNERS:

Allina Health
CSJ Ministries Foundation
Dakota County Health Department
Delta Dental of Minnesota
Health Partners/Park Nicollet
Hennepin County Public Health
James M. Cox Foundation
M Health Fairview
Ministry of Health of Mexico
Minneapolis Health Department
Minnesota Department of Health
The Otto Bremer Trust
Ramsey County Public Health
Richard M. Schulze Family Foundation
Sisters of St. Joseph of Orange
Sisters of St. Joseph, St. Paul Province
St. Croix Valley Foundation

The 2021 SMHC Report to the Community is now available online and in print. Contact Sue Gehlsen for a copy or visit www.stmaryshealthclinics.org/

WISDOM WAYS



Winter Programming

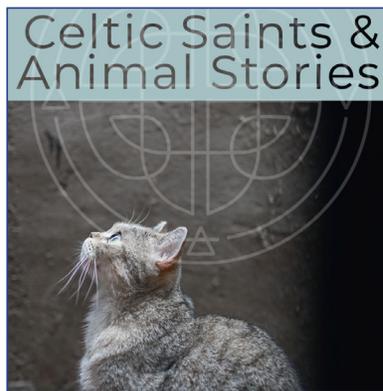
Celtic Saints and Animal Stories: A New Spirituality of Holiness w/ Ed Sellner

Tuesday, February 8 at 7-8 p.m. • In-Person & Online via zoom • \$15

This evening Ed Sellner will share stories of the Celtic saints and their kinship with animals from his extensive research, writings, and talks in England and Ireland over the years. These Celtic hagiographies

constitute the largest body of Christian saints and animal stories in existence. While those saints were often depicted as friends and protectors of animals, this presentation will also examine what the animals did for them—often portraying them as “consociates” or “lay oblates” of the monastic communities themselves. Implications and positive actions related to these stories for contemporary people will be examined and discussed by participants.

FACILITATOR: *Ed Sellner, Ph.D., is professor emeritus of pastoral theology and spirituality, Saint Catherine University, where he has taught graduate and undergraduate courses for 35 years, as well as administered pastoral ministry, spiritual direction and master’s degree programs. A graduate of the University of Notre Dame, he is author of numerous books on Celtic spirituality, the history of Western monasticism, male spirituality, and, more recently,*



animal theology. Ed is a Fellow of the Oxford Centre of Animal Ethics, Oxford, England. He is also a spiritual director, trained at the Jung Institute in Zurich, Switzerland.

Hot Topics in Spirituality #5: Interpersonal Neurobiology (Part 1) w/ Marian Diaz

Thursday, February 10, 7 p.m. • Online • \$10

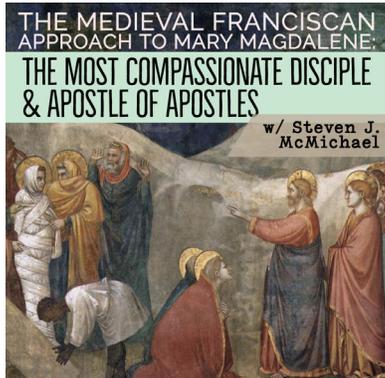
Making the most of your life starts with understanding your life and your body. How do experiences affect our brain functions? How do our brains impact our emotions? How do our emotions influence our experiences?

Factors for Thriving in Ministry among Catholic Sisters: Exploring Results from the Life-Satisfaction Scale for Apostolic Women Religious,

Tuesday, February 15, 4-5 p.m. • Online • FREE

With the support of a Thriving in Ministry grant, Sister Clara Kreis, CDP, and her team were able to save the qualitative responses of 1116 women religious from 3 generations! Sister Clara and Marian Diaz used a qualitative research approach (Thematic Analysis), to explore Sisters’ responses to their ministry experiences. Ministry satisfaction is an essential aspect of Sisters’ life commitment to God, their community, and the charism of religious life. We’ll focus on the pertinent aspects of the study and invite participants to engage in a mutually enriching discussion of how these results can inform efforts to transition religious life into a viable and vital future.

The Medieval Franciscan Approach to Mary Magdalene: The Most Compassionate Disciple and Apostle



**Thursday,
February 17, 7-8
p.m. • Online •
\$15**

In contrast to Dan Brown and the *Davinci Code*, medieval writers and preachers envisioned Mary

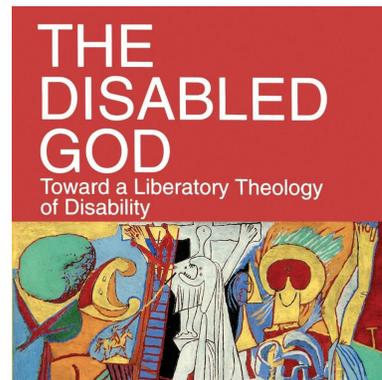
Magdalene as the model of the converted sinner who becomes a major disciple of Jesus and the major witness to Jesus' resurrection. The presentation will focus on the chapel dedicated to Mary Magdalene in the Lower Basilica of Saint Francis in Assisi. We will see how Mary Magdalene was the model of the spiritual path of purgation, illumination, and union with God.

FACILITATOR: *Steven J. McMichael, OFM Conv., is an Associate Professor in the Theology Department at the University of Saint Thomas (Saint Paul, Minnesota). He is currently researching and writing on the topic of the resurrection of Jesus in late medieval Franciscan theology, spirituality and preaching. He just finished a book on Mary Magdalene in the medieval Franciscan Vita Christi tradition, theology, and medieval art that will be published by the Franciscan Institute of Saint Bonaventure University.*

Hedgerow Institute, Part 1: Exploring Disability Theology w/ Nancy Eiesland's book "The Disabled God"

**Mondays, 6:30-8:30 p.m. • February 21, 28 & March 7, 14, 21
\$25 per Session or \$100 for Series (5 sessions)**

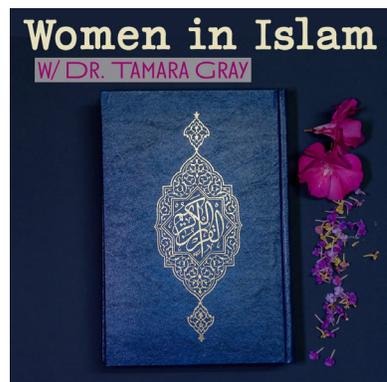
Presented in two modules. In this first module, Andrea Pearson Tande and Danielle



Clausnitzer will introduce Disability Theology using Nancy Eiesland's groundbreaking book *The Disabled God: Toward a Liberatory Theology of Disability*. We'll cover the history

of the disability rights & justice movements, and how we can best support these efforts. We'll also address specific concerns among disability theologians such as sin and healing.

Required book: *The Disabled God: Toward a Liberatory Theology of Disability* by Nancy Eiesland



**Sharing Muslim Stories: Women in Islam w/ Dr. Tamara Gray,
Thursday,
February 24, 7
p.m. • Online •
FREE**

Dr. Tamara Gray is the

Executive Director and Chief Spirituality Officer of Rabata. This presentation covers Islamic teachings about the different roles of Muslim women in society, including cultural differences, common misconceptions regarding Muslim women, with an explanation of gender equity in the spiritual, social, and economic aspect of life. The presentation is concluded with examples of Muslim women and their role in history and modern life.

CSJ sisters, consociates, and employees receive a 50% discount on all programming with code: **CSJ DISCOUNT**.

Save
the
Date

The Feast of St. Joseph

March 19, 2022

As we prepare to celebrate our beloved feast day, all are invited to hold our 2022 Jubilarians in prayer.

2022 Sister Jubilarians

80th

Mary Ann Hanley
Maria June Wilson

75th

Mary Madonna Ashton
Helen Thomas Bronk
Michele Murphy
Annabelle Raiche
Miriam Shea
Ann Clare Smith
Serena Zilka

70th

Margaret Belanger
Nancy Davis
Katherine Egan
Karen Kennelly
Elizabeth Kerwin
Sylvia Krawfcyk
Kathleen McDonald
Justina Overhultz
Mary Sarto Revier
Donna Vosika

65th

Kevin Bopp
Mary Fran Carter
Maureen Lamey
Katherine McLaughlin
Joyce Peck
Polly Preston
Mary Schabert

60th

Linda Napier
Mary Ellen Ward

50th

Kathleen Niska

45th

Mary Vincent

2022 Consociate Jubilarians

30th

Sandy Dodson
Cheryl Maloney
Mary Kaye Medinger

20th

Corinne Cavanagh
Mari Ann Graham
Beryl McHale
Theresa Ruttger
Karen Woehler
Dot Wolking
Marilyn Woolley

10th

Maureen Rose Doran
Berit Nelson Higuera
Mary Hunt
Jill Lundgren
Theresa Mahowald
Lois Mineau
Marla Tranel
Mary Zimmer