

bold moves

for real change

Editor's Note

For many, winter is a time to slow down, reflect on the year left behind and the new one beginning, and plan for the inevitable spring that will bloom in a few short months. Here in Minnesota the ministries of the Sisters of St. Joseph are hard at work continuing their mission: serving those in need. St. Mary's Health Clinics is working closely with M Health Fairview to help with vaccine distribution; the students of Learning In Style School are hard at work distance learning; the St. Joseph Workers are halfway through their service year; Sarah's... an Oasis for Women continues to provide resources for the courageous women who call it home; the Earth Partners Working Group of the Justice Commission has created a number of exciting Lenten offerings; and with its spring theme, Tending, Wisdom Ways Center for Spirituality ushers in programs, facilitators, and workshops related to the caring of one's spirit.

We at the Ministries Foundation hope that even in the coldest depths of winter, you and your family find ways to tend to yourself, home, and community. We are ever grateful for your support and hope to see more of you in the spring.

In Peace and Wellness, Ralph Scorpio & Alyssa Howells

Las Vegas Raiders Player Brings Christmas to St. Mary's Health Clinics Patients

Written by Ann Thompson

When it comes to Christmas, Las Vegas Raiders linebacker, James Onwualu did not forget his St. Paul roots. Before Christmas, the Cretin-Derham Hall graduate worked with Beyond The Basics, Inc. and others who surprised four local families with up to \$800 in Amazon gift cards to help navigate the global pandemic during the holiday season.

"I hope this gift can take some of the pressure off of these parents that have already been working so hard and allow them to really enjoy this holiday season with their families," said Onwualu.

The families are all St. Paul patients of St. Mary's Health Clinics (SMHC) that provides primary care to uninsured persons who have no other source of healthcare and are not eligible for subsidized healthcare coverage. "The recipients were chosen because they had a very hard year filled with chronic issues including COVID and difficult personal and family situations," said Cristina Flood-Urdangarin, SMHC Outreach manager. "I'd like to thank James and his family for making this happen, for thinking of us, and giving the opportunity to help Latino families. It is a blessing."

This outreach to four St. Paul families was part of "A December To Remember" initiated by New England Patriots Linebacker Brandon Copeland's foundation in partnership with Amazon, 19 other current and former NFL players, The NFL Foundation, Zebra Technologies, and Beyond The Basics, Inc.

(continued on page 2)



James Onwualu in downtown Minneapolis

Why I Give



Susan Reaney

For Sue Reaney, Sarah's... an Oasis for Women has become a special place. "It is a place where women from around the world who have been through very tragic situations can heal and find a home," she says. "A real example for how people from different countries can connect and learn from each other."

Sue's relationship with Sarah's began after her husband, Jud, died and she was looking for a place to donate some items as she down-sized her home and moved to a new place. A friend recommended Sarah's, a place she had never heard of, and she decided to pay a visit. "I was inspired by their work and wanted to do more," she says. She began by offering jewelry-making classes and through the process came to appreciate the residents' stories. Today not only is she a donor, but she has also corresponded with the women throughout the pandemic to ease the isolation and stay connected to a place she greatly misses.

Sue is intentional in her giving and wants to make an impact by giving more to Sarah's rather than several organizations in smaller amounts. Her gifts help ensure that the women of Sarah's have the resources they need to succeed in school, support their families, and when it comes time, move into permanent housing. "(Sarah's) is truly unique. I wouldn't want to change anything about the program and the magic that happens there."

(continued from page 1)

St. Mary's Health Clinics provide primary care to uninsured persons who have no other source of healthcare and are not eligible for subsidized healthcare coverage. A ministry of the Sisters of St. Joseph of Carondelet, its model is volunteer based – there are no paid providers; many volunteers are retired from clinical practice. Clinics are held in donated spaces in the community, primarily in schools and churches and with support from the major local health care systems.

Beyond The Basics, Inc., established in 2017 by Brandon and Taylor Copeland, is an award-winning non-profit organization focused on empowering young people to maximize their potential by exposing them to enriching experiences. Beyond The Basics coordinates significant annual community initiatives focused on youth empowerment across the country.



Surprising St. Mary's Health Clinics patients on Zoom with gift cards at Christmas.

Welcome to our New Board Members

Recently the Ministries Foundation Board of Directors voted to approve two new members – Maya Missaghi and Mark Richards. After graduating from law school, Maya continued to search out ways to advance social justice, diversity and inclusion and started her own "low bono" practice focusing on estate planning, elder law, and a smattering of business law to serve the justice gap between low-income and high-income clients. Mark is a seasoned executive focusing on management, operations and finance who is also very active in the St. Paul community.

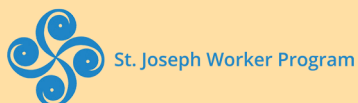
They join an outstanding group of individuals who have joined the Board over the last twelve months and are excited to contribute to the Foundation's and ministries' success.

Welcome Maya and Mark!

"I'm excited to have joined the Board ~ it was quite a bright spot during a pandemic! I'm impressed with the Sisters' commitment to social justice and bravery in the face of hard social problems and difficult conversations. I hope to help the CSJs cast an even wider net and gather more support from the community to continue to serve those less fortunate."

- Maya Missaghi, new Board of Directors Member

Ministry Highlights



In January, all six St. Joseph Workers and staff joined the CSJ 'Stirring the Fire' retreat along with nine SJW community members. Melissa Andrie-Her, St. Joseph Worker 2008-2009, shared her reflections on neighborhood as home as part of the overall theme of the retreat.



The staff and many volunteers of St. Mary's Health Clinics have begun to receive the Coronavirus vaccine, thanks to partnerships with M Health Fairview and Ramsey County. The Clinics staff is also working to administer the vaccine to its patients. The staff is looking forward to many of their wonderful volunteers returning after receiving the vaccine!



Staff and volunteers have been inspired by student's dedication to continuing their education, even though most families are facing increased financial hardships. The Food Shelf needs household goods – paper products, cleaning supplies, diapers – and cooking oils, pasta, and rice. Information on donating is included in the 'Join This Movement' section.



Sarah's... an Oasis for Women

Sarah's had its annual career networking event in January with educational and career opportunities in areas of interest to them. Extending from Friday evening to Saturday afternoon, it was the best attended and most appreciated event yet.



With the Legislative Advocacy Partners Working Group, the Justice Commission will host a variety of legislative refresher trainings.

The Earth Partners Group is also sharing a six-week CSJ Ecology Lenten reflections series.

Check out csjstpaul.org/justice/earth-partners for more advocacy action opportunities.



A big thank you to Sonja Ausen, Director of Online Learning at Wisdom Ways, who made all of Wisdom Way's programs available online for spiritual seekers everywhere, before she left her position in February.

You can obtain the Wisdom Ways Winter/Spring catalog at wisdomwayscenter.org.



Celeste's Dream
for Young Adult
Spirituality

"Celeste's Dream Community Garden Cookbook: Building resilience and community through nutritious and delicious food" will soon be available for purchase!

The cookbook is a celebration of the people, plants, and land that make our food access and urban agriculture work possible.

To learn more about getting involved with the community garden, contact Jennifer Tacheny at jtacheny@csjstpaul.org.



Join This Movement

Now, more than ever, our ministries' work is important. The vital work of our ministries continues. Help us meet the needs of this time. Please consider getting involved in these ways:



Learn, Share & Get Involved!

- Stay informed! Get Justice Commission updates at csjstpaul.org/stay-connected and Ministries Foundation updates at csjministriesfoundation.org.
- Donate to the St. Mary's Health Clinics emergency fund for patients and their families on their website at stmaryshealthclinics.org.
- Contact Martha Nemesi at mnemesi@lisschool.org to donate your non-perishable food items for the Learning In Style School food shelf.
- Looking for something to do this winter? Volunteer with the Ministries Foundation! Find opportunities at csjministriesfoundation.org/volunteer-opportunities.
- Sign up for the Ministries Foundation monthly and weekly inspiration newsletter by emailing Alyssa at ahowells@csjministriesfoundation.org.
- Follow us on Facebook, Instagram and Twitter! Search for *Ministries Foundation* and *csjministriesfoundation*.

Do you shop on Amazon?

Sign up for AmazonSmile! By going to smile.amazon.com and choosing *Sisters of St. Joseph Ministries Fund*, a percent of your purchases will be designated to support the ministries of the Sisters of St. Joseph.

Make a Monetary Donation

Donate at csjministriesfoundation.org/donate or via the envelope provided in this issue.

Bold Moves is a publication of the Sisters of St. Joseph Ministries Foundation, a 501C3 organization whose purpose and ministry is to raise funds for the current and emerging ministries of the Sisters of St. Joseph of Carondelet, St. Paul Province.

csjministriesfoundation.org



Publication team:

Ralph Scorio
Alyssa Howells

Graphic design:

Periwinkle Concepts

Ministries Foundation

2020-21 Board of Directors

Beth Bird
Anita S. Duckor
Suzanne Herder, CSJ
Mary Lydon
Brian Mullen
Colleen O'Malley, CSJ
Gabrielle Rohde
Kristine Smyth
Jill Underdahl, CSJ
Brian Dillon
Kay Egan, CSJ
Stacy Jacobson
Maya Missaghi
Roger Norris
Mark Richards
Ralph Scorio (*ex officio*)
Bridget Spertl
Jean Wincek, CSJ

**Sisters of St. Joseph of Carondelet
Ministries Foundation**
1884 Randolph Avenue
St. Paul, MN 55105

NON-PROFIT ORG.
US POSTAGE
PAID
TWIN CITIES MN
PERMIT NO 594

A publication of
The Sisters of St. Joseph of Carondelet Ministries Foundation

WINTER 2021

bold moves

for real change

Join us for the 2021 Carondelet Gala!
Save this Date ~ **Friday, May 7, 2021** ~ for the Carondelet Gala, benefiting the ministries of the Sisters of St. Joseph. This year's Gala will include music, an auction, and stories from people who have benefited from the ministries ~ all from the comfort of your couch!
Visit the Ministries Foundation website at csjministriesfoundation.org to register today.

