

# bold moves

*for real change*

SAVE THE DATE!

## SEPTEMBERFEST

EAT, DRINK AND RECONNECT  
with your favorite Sisters of St. Joseph



FOOD  
TRUCKS



BEER  
GARDEN



THURSDAY, SEPTEMBER 8, 5-8 P.M.

## Septemberfest!

Mark your calendars for the 2022 Septemberfest!  
This free and fun event will take place rain or shine on  
**Thursday, September 8 from 5-8 p.m.** and will feature  
music, food trucks, a beer garden, and games for all ages.

Join us as we celebrate our ministries and ever-widening  
Sisters of St. Joseph community. Keep an eye on our  
website, [csjministriesfoundation.org](https://csjministriesfoundation.org), for more details!

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## An Evening of Joy and Hope!

Judging by the energy in the room, the 2022 Carondelet Celebration was a tremendous success! After missing live events in 2020 and 2021, more than 350 supporters of the Sisters' ministries came together to celebrate and support St. Mary's Health Clinics, Sarah's... an Oasis for Women, Learning In Style School, the St. Joseph Worker Program, Wisdom Ways Center for Spirituality, the Justice Office, and the Ministries Foundation.

Jearlyn Steele, joined by her siblings Jevetta and Billy, niece Jasmine, and their band performed songs of joy and hope, which perfectly matched the spirit of the testimonial videos. And after a delicious dinner, fun was had by all during the live auction and the special giving moment.



Thank you to all who participated and donated so generously. With your help, we raised approximately \$280,000 to support CSJ ministries. If you missed the Celebration, use the QR code to watch the inspirational videos from our ministries.



## Wisdom Ways

Join Wisdom Ways as it celebrates its open house and the Summer Solstice on Friday, June 17, 2022 from 4-8 p.m. There will be live music from Sara Thomsen and Paula Pederson. Come and enjoy the food trucks, live painting, and dancing. Wisdom Ways will also open its new art exhibit, Expressions of Spirituality. This event is free and will take place at Carondelet Center, 1890 Randolph Avenue, St. Paul, MN 55105.

Wisdom Ways will host a disability book club that will meet once a month, in-person and online, in June, July, and August. It will invite those with an interest in disability to develop meaningful conversations and share knowledge related to the topics in Rebecca Taussig's 2020 book *Sitting Pretty: The View from my Ordinary Resilient Disabled Body*. Taussig asks us to think about how we look at people. In her "Memoir in Essays," she brings forth a greater sense of understanding about persons with disabilities like herself, and also the society that creates such disabling conditions.

Visit [wisdomwayscenter.org/events-calendar/sitting-pretty](https://wisdomwayscenter.org/events-calendar/sitting-pretty) for more information and to register.



## Sarah's... an Oasis for Women

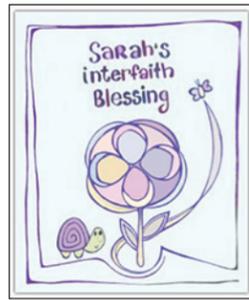
Sarah's... an Oasis for Women is busy now that residents, staff, and volunteers are all vaccinated.



In April, Cheryl Behrent, Director, and a current resident were invited to speak at the Minneapolis Women's Rotary 37th Annual Spring Luncheon and Fashion Show. Sarah's is one of three recipients of the benefit.

In-person visits with former residents have resumed. These visits allow Sarah's staff members to reach out to residents who have been isolated due to the pandemic or because their families are residing in their home country. Sarah's also celebrated Eid al-Fitr, which marks the end of Ramadan.

Did you know coloring helps reduce anxiety and stress? Enjoy the spring weather by sitting outside with this lovely coloring book created by one of our St. Joseph Workers, Casey Murano. She designed this coloring book using Sarah's Interfaith Blessing. It includes 34 line drawings that celebrate resistance, beauty, and community. To get a coloring book, head to [sarahsoasis.org/donate](http://sarahsoasis.org/donate) and write "Coloring Book" into the comment box.



In-kind donations make Sarah's a comfortable home for residents. Visit [sarahsoasis.org/donation-items](http://sarahsoasis.org/donation-items) to learn more about Sarah's and to see frequent needs. Please email [director@sarahsoasis.org](mailto:director@sarahsoasis.org) to plan your donation.

## Justice Commission

Always moving toward the profound love of God and neighbor without distinction, the CSJ Justice Commission has many ways you can be involved in the myriad of social issues facing our communities.

Visit [csjstpaul.org/justice](http://csjstpaul.org/justice) to check out events, working groups, and other ways you can become an ally and advocate to underserved and marginalized communities throughout the Twin Cities. Together, we will raise our voices to make a difference in the lives of our dear neighbors by working to create and sustain safe, equitable access to resources.

## Learning In Style

LIS is wrapping up its school year and will resume in September. Staff has been back in the building since April, and it is hoped that students will be able to attend in-person classes in the next school year. LIS is excited to announce that they will be offering online evening classes focusing on English as a second language in the upcoming year. This will allow for greater flexibility for students who work during the day. The Blake School, a community partner of LIS, recently dropped off reusable canvas bags full of food and non-perishable items and backpacks filled with books and school supplies for LIS students and their families.

## St. Joseph Worker Program

In March, the St. Joseph Workers participated in the United Nations Commission on the Status of Women. They were introduced to and provided background on the work of the Sisters of St. Joseph as a consultative non-governmental organization at the United Nations. This event highlighted individuals and organizations from all over the world. Learn more at [csj-unngo.org](http://csj-unngo.org).

The St. Joseph Worker Program is a year-long commitment that prepares women to be leaders of social change and encourages personal transformation. The St. Joseph Workers are placed throughout our ministries that focus on health disparities, food insecurity, and housing resources. It is here that they learn the necessary leadership skills that will help them lead lives of service and advocacy.

As their year of service comes to a close, two of this year's St. Joseph Workers tell us what they learned from being SWJs:

"I've learned how to be part of many different communities and to practice conflict transformation. And how to share art in ways that deepen relationships."

- Casey Murano

"Over the past year I have learned a lot about engaging in social justice as a person of faith but also while living in intentional community. My roommates have become some of my best friends, and this program taught me that it is important to interact with people who share similar values and passions for justice, community, and simplicity so that you can truly make an impact. Finally, I learned how to better advocate for myself and others and set healthy boundaries to prioritize my own energy so that I have enough to give to others who really need it. All of these experiences crafted me into a stronger, better advocate, and I feel they have prepared me to enter the field of social work with confidence."

- Rachel Barth

## Celeste's Dream

The Food Access Hub (formerly Food Shelf) team wrote and presented an article at the 2021 Upper Midwest Association for Campus Sustainability conference. This article details the partnership between Celeste's Dream, St. Catherine University, and the Sisters of St. Joseph as they create a One Health approach to address food insecurity in our community. This collaboration works to establish organic gardens that contribute produce to the St. Kate's/CSJ food shelf for students and patients who attend the campus-based health clinic (St. Mary's Health Clinics). In 2020, nearly 500 pounds of produce were harvested, half of which was donated to the food shelf. To learn more about this article, please contact Jennifer Tacheny, [jtacheny@csjstpaul.org](mailto:jtacheny@csjstpaul.org).

## St. Mary's Health Clinics

St. Mary's Health Clinics (SMHC) received two grants from new funding organizations: the U.S.-Mexico Border Philanthropy Partnership and the RADx-UP CDCC Community Collaboration. Funding will allow SMHC to continue providing COVID relief services and vaccinations to the Hispanic, Latino, and undocumented community.

SMHC, in partnership with M Health Fairview, opened a new clinic location in Apple Valley. SMHC also continues to provide COVID vaccine clinics throughout the Twin Cities metro area. If you are interested in volunteering your skills and services, check out [stmaryshealthclinics.org](http://stmaryshealthclinics.org) to see how you can help SMHC continue to provide vital healthcare services to our communities.

SMHC will continue its strong partnership with the Consulate of Mexico in St. Paul and has received additional funding to expand COVID education, prevention, and vaccine activities for the Latino community. SMHC will accompany the mobile Consulate team and service communities throughout Minnesota, North and South Dakota, and parts of western Wisconsin.

Congratulations to SMHC on their National Association Free and Charitable Clinics 2022 Platinum Seal of Transparency Rating. The mission of SMHC is to provide necessary and accessible healthcare to the medically uninsured and underserved. This badge recognizes over 5,000 hours of tireless volunteer and staff work, and services provided to more than 4,000 people throughout the Twin Cities and Minnesota.



## Join This Movement

Now, more than ever, our ministries' work is important. The vital work of our ministries continues. Help us meet the needs of **this** time.

### Learn, Share & Get Involved!



- Sign up for the Ministries Foundation monthly and weekly inspiration newsletter by visiting the Ministries Foundation's website [csjministriesfoundation.org](http://csjministriesfoundation.org).
- Looking for something to do this summer? Volunteer with the Ministries Foundation! Opportunities available at [csjministriesfoundation.org/volunteer-opportunities](http://csjministriesfoundation.org/volunteer-opportunities).
- Follow us on Facebook, Instagram and Twitter! Search for *Ministries Foundation* and *csjministriesfoundation*.

**Do you shop on Amazon?** Sign up for AmazonSmile! By going to [smile.amazon.com](http://smile.amazon.com) and choosing *Sisters of St. Joseph Ministries Fund*, a percent of your purchases will be designated to support the ministries of the Sisters of St. Joseph.

### DONATE TODAY!

No act of generosity is too small to make a difference

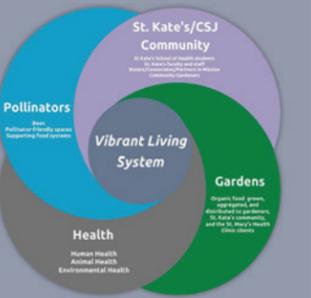
There is still time to contribute to the Annual Fund and help ensure that our communities are filled with hope and healing, well into the future. Every gift to the Sisters of St. Joseph Ministries Foundation is a gift that supports the individuals and families who make our communities strong, healthy, and vibrant. Go to [csjministriesfoundation.org/donate](http://csjministriesfoundation.org/donate) to make a donation to help build strong communities.

**CSJ Ministries respond to the needs of our community**

## One Health Model

### St. Kate's/CSJ Model

The One Health model posits that animal, human, and environmental health will all benefit through the collaboration of people and systems. On the campus of St. Catherine University (St. Kate's) and the Sisters of St. Joseph (CSJ), this model is utilized through the interaction of community gardens, pollinators, and the St. Kate's/CSJ community.



Every month, the Sisters of St. Joseph issue an "Eco-Challenge" to encourage small changes in our habits that will have a positive impact on ourselves and the environment.



Help us conserve resources this month and send in your donation with an envelope you already have or use this QR code to donate online.



Bold Moves is a publication of the Sisters of St. Joseph Ministries Foundation, a 501C3 organization whose purpose and ministry are to raise funds for the current and emerging ministries of the Sisters of St. Joseph of Carondelet, St. Paul Province.

[csjministriesfoundation.org](https://csjministriesfoundation.org)



**Publication team:** Editors Ralph Scorpio  
Alyssa Howells, Lacy Sietsema

**Graphic design:** Periwinkle Concepts

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1884 Randolph Avenue  
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